

Degree: B.S. in Hospitality & Tourism Management

Option: Fitness Management

129 credit hours required for graduation

A. General Education Requirements (42 cr. hrs.)

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| _____ (4) BIOL 213 | _____ (3) ENGL 420 ³ |
| _____ (4) BIOL 214 ¹ | _____ (3) ECON 210 |
| _____ (3) CHM 119 | _____ (3) PSY 120 |
| _____ (3) CIS 204 | _____ (3) SOC 100 |
| _____ (3) COM 114 | _____ (3) SOC 430 ⁴ -OR- CDFS 210 |
| _____ (3) ENGL 100 and/or 104 ² | _____ (3) STAT 130 |
| _____ (3) ENGL 105 | _____ (3) Humanities Elective ⁵ |

¹ Prerequisite: BIOL 213

² Placement in ENGL 108 requires additional 3 hours in writing intensive electives

³ Classification 5 or above

⁴ Prerequisite: SOC 100

⁵ Any A&D, LIT, FLL, HIST, MUS, PHIL, THTR or interdisciplinary humanities course(s)

B. Requirements for Hospitality & Tourism Management Core (66 cr. hrs.)

A grade of "C" or better is required in all F&N, FM and HTM courses

All of the following:

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|-------------------|--|-----------|-----------|-----------|
| _____ (1) F&N 105 | Issues in Foods & Nutrition | | | |
| _____ (3) F&N 203 | Foods: Their Selection & Preparation | | | |
| _____ (3) F&N 261 | Nutrition for Health, Fitness, & Sports | | | |
| _____ (2) F&N 322 | Community Nutrition & Health Promotion | | | |
| _____ (3) F&N 303 | Essentials of Nutrition | | | |
| _____ (3) F&N 360 | Nutrition for Aging | | | |
| _____ (2) HTM 100 | Introduction to the Hospitality & Tourism Industry | | | |
| _____ (1) HTM 101 | Hospitality & Tourism Student Seminar | | | |
| _____ (3) HTM 141 | Financial Accounting for the Service Industry -OR- | | | |
| _____ MGMT 200 | Introduction to Accounting ⁶ | | | |
| _____ (3) HTM 212 | Organization & Management in the Hospitality & Tourism Industry | | | |
| _____ (3) HTM 231 | Hospitality & Tourism Marketing | | | |
| _____ (3) HTM 241 | Managerial Accounting & Financial Management ⁷ | | | |
| _____ (3) HTM 312 | Human Resources Management in the Service Industry | | | |
| _____ (3) HTM 315 | Club Management & Operations | | | |
| _____ (5) FM 100 | Individual Wellness Strategies ⁸ : | _____ (1) | _____ (1) | _____ (1) |
| | | _____ (1) | _____ (1) | |
| _____ (3) FM 219 | Issues and Problems in Health | | | |
| _____ (3) FM 268 | Physiology of Exercise ⁹ | | | |
| _____ (3) FM 300 | Practicum in Health, Fitness & Nutrition ¹⁰ | | | |
| _____ (3) FM 301 | Recreation Leadership | | | |
| _____ (3) FM 302 | Applied Anatomy & Kinesiology ¹¹ | | | |
| _____ (3) FM 305 | Practicum in Health, Fitness & Nutrition ¹² | | | |
| _____ (2) FM 314 | Beginning Concepts of Athletic and Personal Training ¹³ | | | |
| _____ (3) FM 410 | Evaluations, Testing & Assessment of Exercise ¹⁴ | | | |
| _____ (2) FM 474 | Physiology of Exercise ¹⁵ | | | |

⁶ Prerequisite: MA 153

⁷ Prerequisite: HTM 141/MGMT 200

⁸ Must be five different types

⁹ Prerequisite: CHM 119, BIOL 213, BIOL 214

¹⁰ Prerequisite: F&N 303, FM 268

¹¹ Prerequisite: BIOL 213, BIOL 214

¹² Prerequisite: FM 300, FM 410, FM 474, Class 8, 12 credit hour max semester load

¹³ Prerequisite: FM 268, FM 302

¹⁴ Prerequisites: FM 268, FM 300

Pre- or Co-requisite: FM 302

¹⁵ Prerequisites: FM 268, FM 410

C. Electives or Minor¹⁶ (19 cr. hrs):

¹⁶ Recommended: COM 320, 323; F&N 120, 208, 260; HTM 309, 314, 322; OLS 303, 363; PSY 349, 428; SOC 440, 491; NUR 394

Revised 3-8-07



Student _____

PUC ID# _____

CODE: **FMO**

Certification: First Aid _____ CPR _____